



Ride, Eat, Repeat

Bike ride on the Armstrong Trail with a progressive lunch in East Brady!

Saturday, September 21 (rain or shine!)

Held in conjunction with East Brady's 150th Anniversary.

RIDE: THREE CHOICES!

9 AM - Kittanning

(at trail across from Richard Snyder YMCA)
24 miles to East Brady —
48 miles round trip.

10 AM – Templeton

(at Fish & Boat Commission lot)
15 miles to East Brady —
30 miles round trip.

Flexible start time & distance.

Start in East Brady

(treatment plant parking lot at 300 Verner St.)

Ride as far as you like and return.

EAT

East Brady churches progressive lunch (served 11:30 AM – 1 PM)
Details provided at ride check-in.
Directional signs will point the way! Vegetarian options available!

SUPPORT

- \$30** Register by Sept. 11
- \$35** Late registration/walk-ins
Cash/check only
- \$20** Children 12 & under

Proceeds benefit local churches & projects of the East Brady Area Development Corporation (EBADC).

SIGN UP

Name: _____

Address: _____

Email: _____ Phone _____

Starting location: _____

Send completed registration form with check made payable to EBADC to EBADC, PO Box 355, East Brady, PA 16028.

Or register on-line at BikeReg.com/ebadc.

Contact Toni Henry with any questions at ebadc68@gmail.com or call 412-759-9152.